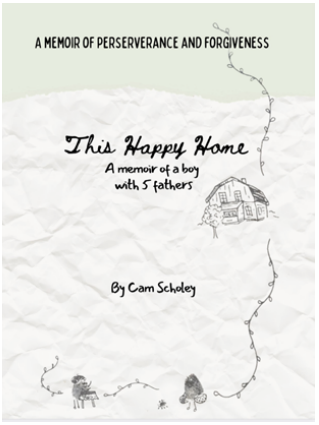
THIS BOOK WILL INSPIRE YOU!

I've just completed my memoir entitled ***This Happy Home*** (please see the reverse side of this page for a book summary).

T**his memoir** was the toughest project I've ever loved. It has taken me on a wild journey well worth sharing, and has also inspired me to create a new speaking series:



Talks from the heart ❤

If you want an honest talk about hardship from a place of lived experience, my stories will captivate you. Whether it's about facing childhood hardship and all that comes with it, or it's about compassion and healing … my story and message of perseverance and forgiveness will touch you.

I inspire teams also!

Work is a grind, we all know that. At every level of the organization, we wish that purpose, trust, alignment and engagement were more central to our workplace culture. My fresh look at your business plus my guidance will get you there! Ask yourself if any of these resonate with you:

•I wish we were more aligned, and working on the same objectives
•I feel I should be accomplishing more each day
•I could articulate purpose, both mine and the company's
•I wish trust was higher between senior management and employees

If so, we should chat! I use a little theory, and a lot of experience, to get real results!

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PART 1: I am Cam Waugh

At eight years old, a dangerous beating changes Cam Waugh's life in a remarkable way. From that point on, Cam must grow up in the shadow of a mentally ill, abusive, and often absent father. So, childhood years marked by poverty, neglect, and domestic violence form the backdrop of his existence.

Unfortunately, Cam's mother's inability to provide stability results in constant relocation, including many fearful returns to his father's custody. Cam learns to cultivate survival mechanisms by drawing into himself. And, sometimes for better and sometimes for worse, Cam's sense of identity begins to form as an amalgamation of all this turbulence.

Cam endures his father's issues with bipolar 2 and the resulting hospitalizations, which momentarily alleviate his father's violent behavior and transform his personality. In sixth grade, during a year-long stay with his father, their complex relationship reaches alarming heights, peaking on the night his father is taken to jail and subsequently a hospital for the criminally insane.

PART 2: I am Cam Scholey

At twelve years old, Cam Waugh becomes Cam Scholey when his mother re-marries. Despite his attempts to maintain 'normalcy' and happiness, he is haunted by the fear of his past and present identities colliding. This time is plagued by looking over his shoulder for a man who is now a father only by blood.

Cam pushes through adolescence, miraculously growing his self-awareness in the face of challenges and triumphs. Hard work and serious study emerge as keys to success - and a way to stay one step ahead of his past. But, the feared sudden reappearance of his father after years without contact has profound impacts on the now-Scholey family, especially Cam.

Cam and his father's story ends with a profound revelation based on a series of poems written by his late father, presented to Cam in his middle age. The poems pave the way for Cam to earn self-acceptance, liberation, and resolution, all of which he channels to foster growth and inner peace.